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20th March 2024
Cubania Travel – Quotation for Jim Micler

Bike Tour – West & Central Cuba (10 Days)

Prices in EUROS per pax valid to November 2024
DBL = Based on 2 pax sharing a twin room

ITINERARY PRICE AND METHODS OF PAYMENT

OFAC regulations restrict payments in USD to Cuban companies, or companies associated to Cuba, so our prices are quoted in EUR and payments should be made to our account in the UK.

The simplest & cheapest form of payment is via Wire Transfer to our bank account in the UK. Credit card payments can be accepted but, because of US Embargo related restrictions, credit card payments are made via a third party and therefore incur additional costs.

Cost per person (payment via Wire Transfer)

Minimum 8 paying participants in DBL Room
Prices per pax in DBL Room: EUROS 2040
SGL Supplement: EUROS 219

Cost per person (payment via Credit Card)

Minimum 8 paying participants in DBL Room
Prices per pax in DBL Room: EUROS 2233
SGL Supplement: EUROS 238

Included:

- ✓ Group transfer from and to the airport.
- ✓ Accommodation 7 nights in casas particulares, 1 night Castillo de las Nubes and 1 night in Mil Cumbres Eco lodge.
 - Havana, Casas Particulares 1 night
 - Soroa, Castillo de las Nubes 1 night (ONLY 6 ROOMS AVAILABLE)
 - Viñales, Casas Particulares 2 nights
 - Mil Cumbres eco lodge 1 night
 - Cienfuegos, Casas Particulares 1 night
 - Trinidad, Casas Particulares 2 nights
 - Habana, Casas Particulares 1 night

- ✓ Support bus throughout the whole tour.
- ✓ 6 cycling days of varying length
- ✓ Bikes Trek 8.3 DS, 24 gears and front suspension.
- ✓ English speaking- cycling guide throughout.
- ✓ Professional mechanic throughout.
- ✓ 3 Lt of water per pax during cycling days.

Not included:

- Flights, visas or medical insurance.
- Helmets.
- Personal expenses (phone, drinks, laundry, etc.)
- Tips for local staff.

Day 1: Havana.

Group transfer from the airport with your guide. Brief orientation around your accommodation.

Accommodation: Havana, Casas Particulares 1 night

Included: n / a

Cycling distance: n / a

Elevation: n / a

Día 2: Havana – Soroa

Bike fitting in the morning, then a cycling city tour, finish in the old town for lunch in a local restaurant, we then go for a walking tour around the four Plazas. Bus transfer to Soroa (Approx.. 1.3 hrs).

Accommodation: Castillo de las Nubes or hotel Soroa 1 night, Soroa

Included meals: Breakfast and lunch.

Cycling distance: 24 Km

Elevation: +163m / -169m. [Link](#)

Day 3: Soroa – San Diego de los Baños – Viñales

Early visit to the Orchids Garden, then start riding down the valley to Carretera Central through San Cristobal. Finish the ride at San Diego de los Baños for lunch. Bus transfer to Viñales.

Accommodation: Casa Haydee Chiroles, Viñales 2 nights

Included meals: Breakfast, lunch and dinner.

Cycling distance: 56 Km

Elevation: +307m / -443m. [Link](#)

Day 4 Viñales – Cayo Jutías – Viñales

Ride to Cayo Jutías to enjoy the beach and lunch. Bus transfer back to Viñales in the afternoon.

Accommodation: Casa Haydee Chiroles, Viñales

Included meals: Breakfast and lunch.

Cycling distance: 56 Km

Elevation: +530m / -669m. [Link](#)

Day 5: Viñales – Mil Cumbres.

A morning visit to the Botanical Garden in Soroa. Then a trip through the mountains that finishes in the chalet where Fidel Castro used to go for relaxing. On arrival in Mil Cumbres, we will go for a hike in the Area "Paraiso de las Aves Trail" and follow a wide partially shaded trail through undulating terrain containing many species of trees. We stop at the Visitors' Center then descend to the valley floor to meet a local farmer.

Accommodation: Mil Cumbres 1 night.

Included meals: Breakfast, lunch and dinner.

Cycling distance: n / a

Elevation: n / a

Day 6: Mil Cumbres – Cienfuegos

Bus transfer after breakfast towards Bay of Pigs, stop at Cueva de los Peces for a quick swim. We then continue to Cienfuegos for the night.

Accommodation: Casa "Don Pepe" or similar, Cienfuegos

Included meals: Breakfast and dinner.

Cycling distance: n / a

Elevation: n / a

Day 7: Cienfuegos – Trinidad

Start riding from your casa through the city. Finish the ride at Villa Yaguanabo for a swim and lunch. We then transfer to Trinidad.

Accommodation: Casa Particular Alberto y Osmary, Trinidad 3 nights

Included meals: Breakfast, lunch and dinner.

Cycling distance: 60 Km

Elevation: +427m / -423m. [Link](#)

Day 8: Trinidad – Playa Ancón – Trinidad

Short ride to Playa Ancón for a swim and lunch. Ride back to Trinidad on a different road. Trinidad walking tour.

Accommodation: Casa Particular Alberto y Osmary, Trinidad

Included meals: Breakfast and lunch.

Cycling distance: 25 Km

Elevation: +130m / -130m. [Link](#)

Day 9: Trinidad – Santa Clara – Havana

Bus transfer over the challenging mountain range, with opportunity to ride along the most difficult sections from the beginning. Start the group ride at Topes de Collantes visitor's centre. Stop on the way to visit a coffee farm. Finish the ride in Manicaragua. We then transfer to Santa Clara to visit Che Guevara's Mausoleum. In the afternoon bus transfer to Havana.

Accommodation: Havana, Casas Particulares 2 night

Included meals: Breakfast and Box Lunch

Cycling distance: 40 km.
Elevation: +488m / -1097m. [Link](#)

Day 10: Out

Transfer out.

Accommodation: n / a
Included meals: Breakfast.
Cycling distance: n / a
Elevation: n / a

