

# **Mamas of the World Unite at this Week's Rides**

## ***Spring-Summer 2024 – First Draft***

### ***5-16-2024***

Ride leaders please check your information – riders check with the ride leaders for updates – things change daily with the weather and other considerations.

Note many of these weekly rides ask that you contact the ride leader to get on their group email lists as the updates don't always appear in this ride list.

## **Monday Rides**

**In Ashland** – Casual Group Ride at Bay City Cycles

**Launch Location:** Pearson Plaza (behind City Hall), Ashland

**Launch Time:** 6:00 pm Monday nights

**Route/Distance/Pace:** This is a super casual social ride, 10 mph, absolutely NO drop About 10-mile rides within and just outside the city of Ashland. Might even stop and take in the sites and beaches.

**Other:** Ideal stepping stone to more traditional group rides, just starting to get into shape, touring Ashland, casual night out on a bike, etc. Helmets required. No drop. COVID social distancing protocol: riders must stay at least 6 feet away (a bike's length) from those not of their own household. If the group exceeds 15 riders, we will split into 2 groups to make social distancing easier.

**Contact:** Alex Faber or Karl Faber [ashlandbaycitycycles@gmail.com](mailto:ashlandbaycitycycles@gmail.com), check the Facebook group <https://www.facebook.com/groups/1291493144224365/>, or sign up to the email list <https://baycitycycles.com/events/>

## **Tuesday rides**

**In Hayward New Moon weekly ride** All abilities welcome.

**Road Group** starts at 5:30 from New Moon. They usually ride approx.. 30 miles. Routes vary and the group will decide and confirm at the start. There is a no-drop policy.

**Mountain/Gravel group** starts at 5:45 and usually meets at the shop as well. Routes may vary and if they decide to start at a different location. It will be posted on Facebook/Instagram ahead of time or they may call the shop at 634-8685 to confirm start point.

**More Info** Join the Hayward Ride Group on FB  
<https://www.facebook.com/groups/330937435232883>

**Contact** New Moon phone 715-634-8685

### **Near Cable Gary & Friends Gravel Group Ride**

As this ride is always in a state of flux, you will need to get on Gary's Gravel Group ride email group to get the ride details from time to time – [cheqfat@cheqnet.net](mailto:cheqfat@cheqnet.net)  
Suitable for gravel, mtb or fat bikes

**Launch Location** varies each week Watch for the weekly email.

**Launch time** Usually 10:00 a.m.

**Route/Distance/Pace** varies each week – usually 20-25 mile circuit.

**Other** We manage to keep together albeit strung out a bit but wait at significant intersections to reconvene and move on. Depending on the attendance there may be an A and B group. Please RSVP so we know if anyone is coming

**Contact** Gary Crandall [cheqfat@cheqnet.net](mailto:cheqfat@cheqnet.net) 715-580-0453

## **Wednesday Rides**

### **Wednesday morning – Jane Mandli's Group Ride**

\*\*You will want to get on Jane's direct list if you want to know the juicy details

**Launch location** varies each week

**Launch time** 10:00 am start time throughout the season

**Route/Distance/Pace** depends on who shows up but is all inclusive

**Other** Many locations offer on road, off road and gravel options of various distances. Often times there is a hiking option as well.

Could be a post ride chow/hydration opportunity depending on location

**Contact** Jane Mandli at: [jmandli@centurylink.net](mailto:jmandli@centurylink.net)

### **Wednesday Women's ride at Mt. Ashwabay & occasionally other locations**

For more ride detail info you definitely want to get on Lisa W's email list [lisadlind@hotmail.com](mailto:lisadlind@hotmail.com)

**Launch Time** 6:00 pm for Ashwabay

**Launch Locations** Couple of launch spots in the Mt. Ashwabay system

**Other locations** in Cable/Seeley TBD

**Route/Distance/Pace** We usually shoot for a ride 1 1/2 to 2 hours long.

**Other** Women of all abilities are welcome to join us for our weekly rides.

Meeting afterwards for food at a local bar/restaurant or a beach fire

**Contact** Lisa Weispfenning to get on a weekly e-mail list for location updates. [lisadlind@hotmail.com](mailto:lisadlind@hotmail.com)

**Wednesday Good Vibes Rides** New to the Ride List in 2024

**Launch Time** Wednesdays at 6:30

**Launch Location** The location of these rides will vary throughout the Chequamegon so tune into our Instagram account **goodvibesrides** for more information

**Other** Free-ride focused sessions on jumps, rock drops and other juicy trail nuggets to work on skills for the experienced to the gravity curious.

**Contact** TJ Barnes [tjbarnes74@gmail.com](mailto:tjbarnes74@gmail.com)

## Thursday Rides

**Chequama Mamas Thursday night ride** - Note while this is the oldest ride on the list having been established in 1978 by Phil VanValkenberg, the last few years attendance has been sketchy at best.

This one is still developing for this year with the hope that Steve Thatcher will provide some ride route guidance as the season develops - WATCH FOR AN UPDATE

**Launch location** Downtown Cable at The Ideal

**Launch time** 5:30

**Route/distance/pace** Depends on who shows up and what they want to do. Usually a road ride.

**Other** Post ride chow/hydration at the Rivers Eatery or Sawmill Saloon.

## FRIDAY RIDES

### Stan's MOB ride – that's Men on Bikes

This males only (sorry ladies we need to have our special bonding time together) mixed surface ride moves around from week to week.

To get the low down on where this gravel/off road/fat bike ride may be happening you need to get on Stan's email list: Stan Walczak [smwalczak47@gmail.com](mailto:smwalczak47@gmail.com)

## SATURDAY RIDES

### Hayward Area

**Cresthill Resort Road ride- For some of us it will be the 27<sup>th</sup> anniversary season!**

**Launch Location** Cresthill Resort on Placid Lake-15 minutes east of Hayward off #77 <http://cresthillresort.com/> for maps

**Launch Time** **7:00 AM starting Saturday June 8, 2024 and throughout the summer and fall.**

**Route/Distance/Pace** A two-hour no drop ride of approximately 37 miles every Saturday morning through the spring, summer, and fall. Usually, we ride an out and back course around the northeast shore of Moose Lake. Sometimes we do "stop ahead sprints" but the pack re-groups following. Before heading out, sub groups can decide to ride faster, slower or shorter than the main group. The main group averages around 18mph. We ride on the right edge of the surface, 2 abreast at most!

**Other** Roads are smooth, rolling, lightly traveled blacktop. Frequently folks continue on for additional riding after returning to Cresthill.

Rides are rain or shine, although obviously poor weather reduces attendance. 10 to 20 riders of mixed gender and abilities are the norm.

The coffee pot is always on. Swimming, showers, and changing rooms/bathroom are available pre/post ride.

**Contact** **Scott Wilson** [wilson@cresthillresort.com](mailto:wilson@cresthillresort.com) **715 462 9911**

### Saturday Road in Bayfield County

**Launch location:** We move around the launch location. Most often Thompson's West End Park in Washburn, Thirsty Trout bar in Mason, ballpark in Grand View, or Forest Road 236 in Ino.

**Launch time:** 9:00 a.m. June 1 – August 31. We ride earlier and later months so inquire about launch times then.

**Route/distance/pace:** 35-45 miles at 17-19 mph pace.

**Other:** Sometimes coffee and sweets mid ride in Cornucopia, Delta, or Cable. Generally “No Drop” with re-grouping as needed. We will not start in the rain.

**Contact:** Text or call Todd Dryer at 715-595-3073 or Mark Dryer at 715-413-0009 on Thursday or Friday to receive ride-specific announcements and/or confirmation for the ride. Or email Mark at [mnpdryer@cheqnet.net](mailto:mnpdryer@cheqnet.net), or Todd at [dryers@charter.net](mailto:dryers@charter.net).

## Sunday Rides

Anybody riding on Sundays?